



Quiz

Conflict Resolution

1. Which of the following is the primary focus for parent coaching?
 - a. To assess and diagnose behavioural dysfunctions suffered by parties undergoing separation or divorce;
 - b. To better understand the reasons for the relationship breakdown to equip clients with the tools to move forward independently;
 - c. To set goals for clients and work towards establishing goals and creating healthy communication mechanisms between parties
 - d. All of the above

2. How is parent coaching undertaken?
 - a. With both parents together, at the same time, with the same coach
 - b. Each parent attends different sessions with the same coach
 - c. Each parent attends different sessions with different coaches
 - d. All of the above

3. What is a "BIFF" response?
 - a. A response that is brief, informative friendly and firm
 - b. A physical, aggressive response
 - c. A response that is belligerent, idealistic, fiery and fanatical
 - d. A response that is brilliant, icy, fair and flawless

4. Why do people undergoing separation and divorce often move toward a negative narrative?
- a. The parties involved often feel that their fundamental being is threatened
 - b. The parties often feel that it is easier to identify as the victim and view the other party as the perpetrator
 - c. The parties are often at different stages in the grieving process and are unable to understand the other party's standpoint
 - d. All of the above
5. Why is it important for legal professionals and coaches to work together?
- a. It is important for a lawyer to address legal issues without emotional distraction
 - b. It allows for clients to better identify legal problems without being triggered by conflict
 - c. Lawyers often are not equipped with the listening tools that some persons require when in a state of emotional upheaval
 - d. All of the above

Answers:

1. C 2. D 3. A 4. D 5. D